

# 2014 GOLDEN BEAR CROSS COUNTRY

## 2014 CAL CROSS COUNTRY SCHEDULE

<i>Date</i>	<i>Day</i>	<i>Event</i>	<i>Course</i>	<i>Site</i>	<i>Time (PT)</i>
<b>August</b>					
30	Sat.	at USF Invitational	Golden Gate Park	San Francisco, Calif.	9:30 a.m.
<b>September</b>					
27	Sat.	at Roy Griak Invitational	Les Bolstad Golf Course	Falcon Heights, Minn.	9:20 a.m.
27	Sat.	at Stanford Invitational	Stanford Golf Course	Stanford, Calif.	10:50 a.m.
<b>October</b>					
18	Sat.	at Pre-Nationals	Wabash Valley Family Sports Center	Terre Haute, Ind.	10:00 a.m.
18	Sat.	at Bronco Invitational	Baylands Park	Santa Clara, Calif.	9:45 a.m.
31	Sat.	at Pac-12 Championships	Metropolitan Golf Links	Oakland, Calif.	9:40 a.m.
<b>November</b>					
8	Sat.	at Doc Adams Open	Putah Creek Reserve	Davis, Calif.	10:00 a.m.
14	Fri.	at NCAA West Regionals	Stanford Golf Course	Stanford, Calif.	11:00 a.m.
22	Sat.	at NCAA Championships	Wabash Valley Family Sports Center	Terra Haute, Ind.	8:00 a.m.

## GOLDEN BEAR FACTS

Location.....	Berkeley, Calif.
Enrollment .....	35,838
Founded .....	1868
Nickname .....	Golden Bears
Colors.....	Blue (282) and Gold (123)
Conference.....	Pac-12
Interim Director of Athletics .....	H. Michael Williams
Sr. Associate Athletic Director .....	Foti Mellis
Men's 2013 Pac-12 Finish.....	9th
Men's 2013 NCAA West Regional Finish .....	12th
Women's 2013 Pac-12 Finish .....	9th
Women's 2013 NCAA West Regional Finish.....	13th

## COACHING STAFF

88 Haas Pavilion, Berkeley, CA 94720	
Head Coach .....	Tony Sandoval (33rd year)
Cell .....	(510) 316-5103
E-mail.....	tsandovl@berkeley.edu
Associate Head Coach.....	Shayla Houlihan (3rd year)
Cell .....	(510) 333-6153
E-mail .....	shoulihan@berkeley.edu
Volunteer Assistant Coach .....	Chas Davis (2nd year)
E-mail .....	chasdavis@berkeley.edu

## ATHLETIC COMMUNICATIONS

349 Haas Pavilion, Berkeley, CA 94720	
Cross Country Contact .....	Doug Drabik
Office.....	(510) 642-3611
Cell .....	(510) 517-9059
E-mail .....	ddrabik@berkeley.edu
Fax .....	(510) 643-7778
Website .....	CalBears.com

## WE ARE CALIFORNIA

When referring to University of California intercollegiate athletic teams, please use California or Golden Bears on first reference. Cal or Bears may be used on second reference. Terms such as UC Berkeley, Cal-Berkeley, Berkeley and California-Berkeley (or other similar variations) in conjunction with Cal's athletic teams are incorrect and should not be used.

# 2014 ROSTER

## MEN

<b>Name</b>	<b>Yr</b>	<b>Hometown (Last School)</b>
Bland, Andrew	R-So.	Pacific Palisades, Calif. (Loyola HS)
Brendel, Trent	R-Fr.	Granite Bay, Calif. (Granite Bay HS)
Contreras, William	Sr.	Riverside, Calif. (Riverside City College) ( J.W. North HS)
Corcoran, Garrett	Fr.	Villa Park, Calif. (Villa Park)
Correa, Steve	Fr.	San Pedro, Calif. (San Pedro)
Estifanos, Yohaness	R-Fr.	Milpitas, Calif. (Milpitas HS)
Gonzalez, Ivan	R-Fr.	Bakersfield, Calif. (Ridgeview HS)
Hamilton III, Eugene	Fr.	Oakland, Calif. (Bishop O'Dowd)
Hogan, John	Fr.	San Francisco, Calif. (Lowell)
Joyce, Thomas	Jr.	Moraga, Calif. (Campolindo HS)
Land, Seamus	R-So.	San Luis Obispo, Calif. (San Luis Obispo)
Later, Leland	Jr.	Wilmette, Ill. (New Trier Township HS)
Lawson, John	Fr.	Forest Knolls, Calif. (Drake)
Leach, Max	Fr.	Seattle, Wash. (Nathan Hale)
Lewis, Josh	R-Fr.	Pasadena, Calif. (Loyola HS)
Locklear, Jordan	R-Sr.	Oakland, Calif. (American Indian Public HS)
Malone-White, Evan	R-Fr.	Redondo Beach, Calif. (Redondo Union HS)
Martinez, Kristian	R-So.	Santa Clarita, Calif. (Golden Valley)
Newton, Ellis	Fr.	Riverside, Calif. (Mayfield)
Schaefer, Jeff	So.	Carlsbad, Calif. (Carlsbad HS)
Trim, Ned	R-So.	Pasadena, Calif. (Loyola HS)
Tu, Cameron	Fr.	Alameda, Calif. (Alameda)
Walden, Chris	R-Jr.	Carmel, Ind. (Carmel HS)

## WOMEN

<b>Name</b>	<b>Yr</b>	<b>Hometown (Last School)</b>
Babcock, Molly	R-So.	Irvine, Calif. (Woodbridge HS)
Bordes, Megan	So.	Sausalito, Calif. (Redwood HS)
Cerney, Heather	R-Sr.	Danville, Calif. (Carondelet HS)
Dadkhah, Ashlyn	Jr.	San Diego, Calif. (Torrey Pines HS)
Flatley, Elizabeth	Fr.	Brookfield, Wisc. (Brookfield Central )
Gray, Sydney	Sr.	Beverly Hills, Calif. (Beverly Hills HS)
Herberg, Natalie	Fr.	Mission Viejo, Calif. (Capistrano)
Hudson, Kaylee	R-Fr.	Valley Center, Calif. (Valley Center)
Jarvis, Leann	Fr.	Yuba City, Calif. (River Valley)
Jones, Nijae	R-Fr.	Oakland, Calif. (San Leandro)
Knights, Bethan	Fr.	Irvine, Calif. (Northwood)
Lipson, Julia	So.	Orange, Calif. (El Modeno/Univ. of San Diego)
Mendoza, Mariel	Jr.	Riverside, Calif. (J.W. North HS)
Navarrete, Xochitl	Jr.	Ontario, Calif. (Colony HS)
O'Neill, Laura	Sr.	Redondo Beach, Calif. (Redondo Beach HS)
Pear, Olivia	R-Fr.	Santa Clarita, Calif. (Valencia HS)
Ralstin, Sam	R-Jr.	El Dorado Hills, Calif. (Oak Ridge HS)
Santisteban, Kelsey	Sr.	Castro Valley, Calif. (Castro Valley HS)
Scott, Marissa	So.	La Verne, Calif. (Bonita HS)
Stevenson, Arielle	R-Jr.	Long Beach, Calif. (Long Beach Poly HS)
Stuscavage, Kendall	So.	Pleasant Hill, Calif. (College Park HS)

## COACHING STAFF

Director of Track and Field/Cross Country: ..... Tony Sandoval  
 21st season as men's & women's coach  
 32nd season as women's coach  
 Associate Head Coach: ..... Shayla Houlihan  
 Volunteer Assistant Coach: ..... Chas Davis

# 2013 RESULTS

## MEN'S RESULTS

### August 31 at USF Invitational, 8000m

Team Results: 1. Stanford 30; 2. California 35; 3. San Francisco 63; 4. Santa Clara 125; 5. San Jose State 140; 6. Cal State Northridge 157  
 Individual Winner: Eric Causey (San Francisco) 25:11. Cal Finishers: 2. Chris Walden (25:14), 6. J.P. Slater (25:21), 7. Jordan Locklear (25:30), 9. Leland Later (25:38), 11. Seamus Land (25:44), 13. Thomas Joyce (25:52), 16. Ned Trim (26:04), 21. Kristian Martinez (26:28), 30. Andrew Bland (27:09).

### Sept. 28 at Panorama Farms Invitational, 8000m

Team Results (top-five): 1. North Carolina (58), 2. Eastern Kentucky (76), 3. Virginia (101), 4. Duke (104), 5. Auburn (106).  
 Individual Winner: Soufiane Bouchikki (Eastern Kentucky) 23:22.4. Cal Finishers: 30. J.P. Slater 24:24.3; 38. Jordan Locklear 24:37.8; 46. Leland Later 24:50.6; 51. Thomas Joyce 24:55.6; 66. Seamus Land 25:23.4; 76. Ned Trim 25:36.4.

### Oct. 4 at Sac State Jamboree, 4 miles

Team Results (top-five): 1. UCLA 54; 2. Cal Poly 67; 3. UC Santa Barbara 86; 4. UC Davis 111; 5. California 123.  
 Individual Winner: Rajpaul Pannu (Saint Mary's) 23:28. Cal Finishers: 10. J. P. Slater (23:53); 12. Leland Later (23:55); 26. Jordan Locklear (24:31); 39. Seamus Land (24:38); 49. Edward Trim (25:01); 71. Thomas Joyce (25:26); 85. Kristian Martinez (25:41); 92. Andrew Bland (25:46); 123. Juan David Garcia (27:00).

### Oct. 19 at Bronco Invitational, 8000m

Team Results: Cal did not compete as a team in this event.  
 Individual Winner: John Gilbertson (The Masters) 23:40.3. Cal Finishers: 20. Jordan Locklear 24:30.9; 35. Joe Greenspun 24:44.3; 44. Juan David Garcia 24:54.3; 89. Bryan Jordan 25:22.9; 128. Ned Trim 25:57.6;

### Nov. 2 at Pac-12 Championships, 8000m

Team Results: 1. Colorado 28; 2. Oregon 54; 3. Stanford 79; 4. Arizona State 140; 5. Washington 142; 6. Washington State 151; 7. UCLA 152; 8. Arizona 194; 9. California 220.  
 Individual Winner: Edward Cheserek (Oregon) 24:36. Cal Finishers: 28. J.P. Slater (25:58); 29. Leland Later (25:59); 55. Jordan Locklear (26:50); 60. Thomas Joyce (27:11); 69. Kristian Martinez (27:55); 74. Jeff Schaefer (28:24).

### Nov. 3 at Doc Adams Invitational, 8000m

Team Results (top-five): 1. Stanford 19; 2. Sacramento State 57; 3. California 90; 4. Chico State 101; 5. Santa Clara 103.  
 Individual Winner: Andrew Berberick (Stanford) 24:04. Cal Finishers: 6. Matt Petersen 24:28; 11. Jared Hazlett 25:18; 17. Ned Trim 25:34; 20. Thomas Joyce 25:36; 36. Andrew Bland 26:21; 37. Juan David Garcia 26:25.

### Nov. 15 at NCAA West Regionals, 10,000m

Team Results (top-five): 1. Stanford 19; 2. Oregon 64, 3. Portland 92, 4. Boise State 117, 5. Arizona State 184, 12. Cal 343.  
 Individual Winner: Edward Cheserek (Oregon) 29:35. Cal Finishers: 41. J.P. Slater (30:43), 54. Leland Later (30:57), 60. Jordan Locklear (31:08), 67. Thomas Joyce (31:17), 128. Seamus Land (32:34), 138. Jeff Schaefer (33:00).

## WOMEN'S RESULTS

### August 31 at USF Invitational (8 teams), 5000m

Team Results: 1. Stanford 20; 2. California 54; 3. San Francisco 85; BYU 96; 5. Pacific 146; 6. San Jose State 171; 7. Santa Clara 175, 8. Cal State Northridge 238  
 Individual Winner: Kelsey Santisteban (California) 17:26. Cal Finishers: 1. Kelsey Santisteban (17:26), 12. Julia Lipson (18:14), 13. Sydney Gray (18:15), 16. Laura O'Neill (18:25), 18. Ashlyn Dadkhah (18:38), 22. Molly Babcock (18:48).

### Sept. 28 at Panorama Farms Invitational, 5000m

Team Results (top-six): 1. Virginia (42), 2. William & Mary (67), 3. Eastern Kentucky (118), 4. Harvard (142), 5. Ole Miss (148), 6. California (156).  
 Individual Winner: Elaina Balouris (William & Mary) 16:31.8. Cal Finishers: 4. Kelsey Santisteban 16:51.8; 21. Heather Cerney 17:39.0; 36. Mariel Mendoza 18:09.7; 47. Xochitl Navarrete 18:22.0; 50. Sydney Gray 18:24.2; 54. Julia Lipson 18:27.5; 77. Laura O'Neill 18:58.6.

### Oct. 4 at Sacramento State Jamboree (9 teams), 5000m

Team Results (top-five): 1. UCLA 77; 2. Cal Poly 78; 3. UC Davis 88; 4. Sacramento State 102; 5. California 145  
 Individual Winner: Kelsey Santisteban (California) 16:23. Cal Finishers: 1. Kelsey Santisteban (16:23); 25. Mariel Mendoza (17:29); 34. Sydney Gray (17:38); 37. Xochitl Navarrete (17:40); 49. Laura O'Neill (17:52); 50. Molly Babcock (17:52); 76. Marissa Scott (18:15); 81. Julia Lipson (18:20); 93. Olivia Pear (18:27); 97. Christine Bowlus (18:34); 110. Megan Bordes (18:51).

### Sept. 29 at Stanford Invitational, 6000m

Team Results (top-five): 1. Stanford 25; 2. Adams State 136; 3. UC Santa Barbara 160; 4. Utah 168; 5. Chico State 184.  
 Individual Winner: Kathy Rogers (Stanford) 20:13. Cal Finishers: 41. Elisa Karhu 21:58; 61. Sydney Gray 22:14; 62. Rebecka Oberg 22:14; 66. Mariel Mendoza 22:18; 97. Laura O'Neill 22:38; 113. Kathleen Uyttewaal 22:49; 203. Christine Zavesky 23:55; 232. Samantha Ralstin 24:26; 280. Taylor Lawson 27:00.

### Oct. 19 at Bronco Invitational, 5000m

Team Results: Cal did not compete as a team in this event.  
 Individual Winner: Taylor Dutch (unattached-former California) 16:59.1. Cal Finishers: 17. Laura O'Neill 17:37.7; 36. Kathleen Uyttewaal 17:56.4; 122. Christine Zavesky 19:06.1; 137. Sam Ralstin 19:32.4.

### Nov. 2 at Pac-12 Championships, 6000m

Team Results: 1. Arizona 69; 2. Colorado 75; 3. Washington 111; 4. Oregon 113; 5. Stanford 129; 6. Arizona State 138; 7. UCLA 173; 8. Utah 207; 9. California 213; 10. Washington State 260; 11. Oregon State 269; 12. USC 346.  
 Individual Winner: Aisling Cuffe (Stanford) 21:04. Cal Finishers: 3. Kelsey Santisteban 21:18; 38. Mariel Mendoza (22:54); 54. Xochitl Navarrete (23:55); 67. Molly Babcock (23:46); 74. Sydney Gray (24:12); 91. Marissa Scott (25:14).

### Nov. 3 at Doc Adams Invitational, 6000m

Women's Results: Cal did not compete as a team in this event  
 Team Results (top-five): 1. Sacramento State 42; 2. UC Davis 46; 3. Chico State 62; 4. Santa Clara 70; 5. Holy Names 153.  
 Individual Winner: Justine Rea (Sacramento State) 21:05. Cal Finishers: 10. Christine Bowlus 21:50; 17. Juliana Green 22:14; 34. Christine Zavesky 22:54.

### Nov. 15 at NCAA West Regionals, 6000m

Team Results (top-five): 1. Arizona 84 2. Stanford 94 3. Oregon 120 4. San Francisco 140 5. Washington 162 13. California 353.  
 Individual Winner: Emma Bates (Boise State) 19:11. Cal Finishers: 5. Kelsey Santisteban (19:29), 66. Xochitl Navarrete (20:54), 73. Sydney Gray (21:00), 99. Mariel Mendoza (21:24), 110. Ashlyn Dadkhah (21:31), 144. Molly Babcock (21:56), 144. Heather Cerney (22:44).

### Nov. 23 at NCAA Championships, 6000m

Kelsey Santisteban 10th overall, 20:21.7

## CAL TEAM FINISHES

### MEN

Year	Conference	NCAA West		NCAA Championships
		Regional	Regional	
2013	9th *	12th	-	
2012	9th *	13th	-	
2011	5th *	5th	-	
2010	3rd ^	3rd	31st	
2009	7th ^	8th	-	
2008	T3rd ^	4th	22nd	
2007	3rd ^	4th	16th	
2006	8th ^	10th	Indiv. Only	
2005	3rd ^	8th	Indiv. Only	
2004	8th ^	12th	-	
2003	8th ^	10th	-	
2002	6th ^	12th	-	
2001	8th ^	11th	-	
2000	8th ^	10th	Indiv. Only	
1999	5th ^	7th	Indiv. Only	
1998	7th ^	10th	-	
1997	7th ^	A8th	-	
1996	7th ^	14th	-	
1995	7th ^	Indiv. only	-	
1994	6th ^	8th	Indiv. Only	
1993	6th ^	6th	Indiv. Only	
1992	7th ^	8th	-	
1991	8th ^	-	-	
1990	8th ^	-	-	
1989	5th ^	4th	-	
1988	7th ^	8th	Indiv. Only	
1987	7th ^	Indiv. only	-	
1986	10th ^	Indiv. only	-	
1985	8th ^	Indiv. only	Indiv. Only	
1984	6th ^	Indiv. only	-	
1983	5th ^	8th	-	
1982	5th ^	5th	Indiv. Only	
1981	4th ^	4th	Indiv. Only	

### WOMEN

Year	Conference	NCAA West		NCAA Championships
		Regional	Regional	
2013	9th *	13th	Indiv. Only	
2012	8th *	9th	Indiv. Only	
2011	7th *	5th	18th	
2010	5th ^	5th	Indiv. Only	
2009	5th ^	8th	-	
2008	8th ^	7th	-	
2007	9th ^	9th	-	
2006	9th ^	18th	-	
2005	7th ^	11th	-	
2004	9th ^	Indiv. only	-	
2003	9th ^	10th	Indiv. Only	
2002	8th ^	13th	-	
2001	9th ^	-	-	
2000	8th ^	-	-	
1999	T8th ^	-	-	
1998	9th ^	9th	Indiv. Only	
1997	8th ^	9th	Indiv. Only	
1996	8th ^	6th	-	
1995	6th ^	8th	-	
1994	7th ^	10th	-	
1993	6th ^	7th	Indiv. Only	
1992	8th ^	Indiv. only	-	
1991	8th ^	10th	-	
1990	6th ^	7th	Indiv. Only	
1989	7th ^	7th	Indiv. Only	
1988	3rd ^	2nd	9th	
1987	6th ^	5th	Indiv. Only	
1986	3rd ^	9th	Indiv. Only	
1985	3rd +	4th	Indiv. Only	
1984	3rd +	3rd	15th	
1983	3rd +	8th	Indiv. Only	
1982	3rd +	4th	Indiv. Only	

\* Pac-12

# 2013 TOP INDIVIDUAL FINISHERS

## MEN

### PAC-10/PAC-12 CHAMPIONSHIPS

2013 <sup>^</sup>	28th	J.P. Slater	25:58
2012 <sup>^</sup>	35th	Matt Carpowich	24:26
2011 <sup>^</sup>	11th	Collin Jarvis	23:34
2010	6th	Michael Coe	23:12
2009	18th	Steve Sodaro	23:41
2008	6th	Yosef Ghebray	23:43
2007	7th	Yosef Ghebray	23:14
2006	11th	David Torrence	23:44
2005	8th	Giliat Ghebray	24:30
2004	17th	Girmay Guangul	24:56
2003	28th	Girmay Guangul	25:56
2002	22nd	Martin Conrad	24:44
2001	26th	Corey Creasey	25:42
2000	20th	Girmay Guangul	24:25
1999	7th	Bolota Asmerom	24:21
1998	18th	Bolota Asmerom	24:27
1997	5th	Peter Gilmore	24:34
1996	27th	Simon Mudd	25:50
1995	3rd	Richie Boulet	24:27
1994	3rd	Richie Boulet	24:35
1993	5th	Richie Boulet	24:32
1992	17th	Richie Boulet	25:13
1991	33rd	Reggie Williams	25:27
1990	24th	Steve Zirkelbach	25:28
1989	18th	Dave Ottaway	24:23
1988	10th	Craig Blockhus	31:40
1987	10th	Jason Flamm	31:14
1986	27th	Jason Flamm	32:15
1985	6th	Jay Marden	31:04
1984	11th	Mike McCollum	30:56
1983	19th	Jay Marden	31:27
1982	2nd	Tom Downs	29:25
1981	4th	Tom Downs	31:05
1980	16th	Tom Downs	31:34
1979	24th	Harold Schultz	31:45
1978	21st	Harold Schultz	31:25

### NCAA REGIONAL CHAMPIONSHIPS

2013	41st	J.P. Slater	30:43
2012	62nd	Chris Walden	30:45
2011	12th	Collin Jarvis	29:33
2010	3rd	Michael Coe	29:59
2009	16th	Steve Sodaro	31:10
2008	7th	Yosef Ghebray	28:53
2007	8th	Yosef Ghebray	30:14
2006	13th	David Torrence	30:34
2005	15th	Giliat Ghebray	30:38
2004	30th	Girmay Guangul	31:20
2003	25th	Girmay Guangul	30:23
2002	21st	Carlos Carballo	31:21
2001	43rd	Corey Creasey	32:41
2000	9th	Girmay Guangul	31:11
1999	10th	Bolota Asmerom	30:53
1998	29th	Bolota Asmerom	31:47
1997	6th	Peter Gilmore	30:50
1996	42nd	Simon Mudd	32:45
1995	8th	Richie Boulet	30:59
1994	2nd	Richie Boulet	31:07
1993	4th	Richie Boulet	30:04
1992	28th	Tesafaye Beyene	32:51
1989	13th	Dave Ottaway	31:09
1988	6th	Calvin Gaziano	30:46
1986	33rd	Jason Flamm	31:35

1985	2nd	Jay Marden	29:58
1984	28th	Mike McCollum	32:54
1982	2nd	Tom Downs	29:25
1981	4th	Tom Downs	31:05

### NCAA CHAMPIONSHIPS

2010	76th	Michael Coe	31:05
2008	36th	Yosef Ghebray	30:09
2007	62nd	David Torrence	30:47
2006	92nd	David Torrence	32:31
2005	63rd	Giliat Ghebray	30:39
2000	151st	Girmay Guangul	32:13
1999	90th	Peter Gilmore	31:59
1994	-	Richie Boulet	DNF
1993	33rd	Richie Boulet	30:34
1988	111th	Calvin Gaziano	31:24
1985	73rd	Jay Marden	31:18
1982	14th	Tom Downs	30:35
1981	13th	Tom Downs	29:41

## WOMEN

### PAC-10/PAC-12/NORPAC CHAMPIONSHIPS

2013 <sup>^</sup>	3rd	Kelsey Santisteban	21:18
2012 <sup>^</sup>	9th	Kelsey Santisteban	20:30
2011 <sup>^</sup>	20th	Chelsea Reilly	20:36
2010	3rd	Deborah Maier	20:01
2009	6th	Deborah Maier	20:01
2008	41st	Deborah Maier	21:25
2007	28th	Chelsea Reilly	21:02
2006	26th	Rebecca Yau	21:35
2005	27th	Rebecca Yau	22:04
2004	40th	Lindsey Maclise	22:24
2003	13th	Bridget Duffy	22:15
2002	35th	Bridget Duffy	22:08
2001	45th	Camille Stanley	23:33
2000	41st	Erin Belger	22:34
1999	39th	Linden Bader	19:00
1998	9th	Elissa Riedy	17:45
1997	6th	Elissa Riedy	17:31
1996	22nd	Elissa Riedy	17:51
1995	17th	Magdalena Lewy	17:53
1994	12th	Lisa Lopez	17:53
1993	6th	Tenaya Soderman	17:21
1992	7th	Janet Bowie	17:28
1991	6th	Janet Bowie	17:19
1990	3rd	Sabrina Han	17:12
1989	2nd	Sabrina Han	16:58
1988	3rd	Sally Wood	17:16
1987	4th	Kirsten O'Hara	17:06
1986	8th	Sally Wood	17:33
1985+	1st	Kirsten O'Hara	17:37
1984+	4th	Kirsten O'Hara	17:01
1983+	6th	Marilyn Davis	18:07
1982+	5th	Louise Romo	16:49
1981+	6th	Suzanne Richter	17:14
1980+	2nd	Jan Oehm	17:15
1979+	1st	Cindy Schmandt	17:19

### NCAA/AIAW REGIONAL CHAMPIONSHIPS

2013	5th	Kelsey Santisteban	19:29
2012	8th	Kelsey Santisteban	19:52
2011	2nd	Deborah Maier	19:51
2010	3rd	Deborah Maier	20:06
2009	14th	Deborah Maier	21:20
2008	39th	Deborah Maier	21:13
2007	44th	Chelsea Reilly	21:32
2006	33rd	Rebecca Yau	22:24
2005	34th	Bridget Duffy	21:28
2004	60th	Maja Ruznic	22:09
2003	8th	Bridget Duffy	20:46
2002	48th	Bridget Duffy	22:56
2000	71st	Erin Belger	22:31
1999	70th	Mary Moore	18:44
1998	7th	Elissa Riedy	17:08
1997	8th	Elissa Riedy	17:35
1996	19th	Elissa Riedy	17:42
1995	14th	Magdalena Lewy	17:39
1994	22nd	Lisa Lopez	18:37
1993	3rd	Tenaya Soderman	16:49
1992	11th	Janet Bowie	17:58
1991	13th	Janet Bowe	17:34
1990	5th	Sabrina Han	17:02
1989	4th	Sabrina Han	17:02
1988	3rd	Sally Wood	16:50
1987	4th	Kirsten O'Hara	16:38
1986	5th	Marilyn Davis	16:53
1985	3rd	Kirsten O'Hara	17:10
1984	5th	Kirsten O'Hara	17:40
1983	11th	Marilyn Davis	18:07
1982	12th	Louise Romo	16:49
1981*	1st	Suzanne Richter	17:19
1980*	7th	Jan Oehm	17:11
1979*	3rd	Jan Oehm	16:53
1978*	4th	Jan Oehm	17:13
1977*	14th	Sally Metteer	19:08

### NCAA/AIAW CHAMPIONSHIPS

2013	10th	Kelsey Santisteban	20:21
2012	70th	Kelsey Santisteban	20:34
2011	11th	Deborah Maier	19:53
2010	30th	Deborah Maier	20:43
2003	42nd	Bridget Duffy	20:49
1998	35th	Elissa Riedy	17:38
1997	52nd	Elissa Riedy	17:36
1993	37th	Tenaya Soderman	17:25
1990	21st	Sabrina Han	16:54
1989	-	Sabrina Han	DNF
1988	27th	Sally Wood	17:14
1987	11th	Kirsten O'Hara	16:26
1986	21st	Marilyn Davis	17:38
1985	20th	Kirsten O'Hara	16:55
1984	31st	Kirsten O'Hara	17:20
1983	62nd	Marilyn Davis	17:59
1982	-	Louise Romo	DNF
1981*	14th	Lynne Hjelte	18:22
1980*	20th	Jan Oehm	17:36
1979*	17th	Jan Oehm	17:17
1978*	17th	Jan Oehm	17:50
1977*	85th	Sally Metteer	19:14
1976*	69th	Sally Metteer	18:14

<sup>^</sup> Pac-12 Conference  
<sup>+</sup> NorPac Conference  
<sup>\*</sup> AIAW Championships

# POSTSEASON HONORS

## MEN

### ALL-AMERICAN

2008..... Yosef Ghebray  
 1993..... Richie Boulet  
 1982..... Tom Downs  
 1981..... Tom Downs

### ALL-CONFERENCE

2011..... Collin Jarvis (2nd team)  
 2010..... Michael Coe (1st team)  
                     Steve Sodaro (2nd team)  
 2008..... Yosef Ghebray (1st team)  
                     Mark Matusak (2nd team)  
 2007..... Yosef Ghebray (1st team)  
                     Mark Matusak (2nd team)  
                     David Torrence (2nd team)  
 2006..... David Torrence (2nd team)  
 2005..... Giliat Ghebray (2nd team)  
 1999..... Belota Asmerom (2nd team)

### CONFERENCE NEWCOMER OF THE YEAR

2005..... Mark Matusak

### CONFERENCE ALL-ACADEMIC

2013..... Leland Later (1st team)  
                     Ned Trim (1st team)  
                     Thomas Joyce (2nd team)  
 2011..... Matt Miller (1st team)  
                     Maxime Chevee (2nd team)  
 2010..... Maxime Chevee (2nd team)  
 2009..... Matt H. Miller (1st team)  
                     Maxime Chevee (2nd team)  
 2008..... Matt H. Miller (2nd team)  
                     Kari Karlsson (2nd team)  
                     Mark Matusak (2nd team)  
 2007..... Chris Chavez (1st team)  
                     Mark Matusak (2nd team)  
 2006..... Chris Chavez (1st team)  
                     Mark Matusak (2nd team)  
 2005..... Chris Chavez (1st team)  
                     Eric Roberts (2nd team)  
 2004..... Dan Blomgren (1st team)  
 2003..... Jonathan Balzer (1st team)  
 2002..... John Burke (1st team)  
                     Martin Conrad (1st team)  
 2001..... Carlos Carballo (2nd team)  
                     Nick Martin (2nd team)  
 2000..... Nick Martin (1st team)  
                     Chris Coffee (2nd team)  
                     John Collin (2nd team)  
                     Martin Conrad (2nd team)  
 1999..... Peter Gilmore (1st team)  
                     Belota Asmerom (2nd team)  
 1998..... Chris Maier (1st team)  
                     Belota Asmerom (2nd team)  
                     Steve Immel (2nd team)  
 1997..... Peter Gilmore (1st team)  
                     Chris Maier (1st team)  
                     Simon Mudd (2nd team)  
 1995..... Richie Boulet (1st team)  
 1994..... Richie Boulet (1st team)  
                     Matt Douglas (2nd team)  
 1993..... Richie Boulet (1st team)  
                     Joe Mineiro (2nd team)

## WOMEN

### ALL-AMERICAN

2013..... Kelsey Santisteban  
 2011..... Deborah Maier  
                     Chelsea Reilly  
 2010..... Deborah Maier  
 2003..... Bridget Duffy  
 1998..... Elissa Riedy  
 1990..... Sabrina Han  
 1988..... Kirsten O'Hara  
                     Sally Wood  
 1987..... Kirsten O'Hara  
 1986..... Marilyn Davis  
 1985..... Kirsten O'Hara  
 1981..... Lynne Hjelte  
                     Margaret Spotts

### ALL-CONFERENCE

2013..... Kelsey Sanisteban (1st team)  
 2012..... Kelsey Sanisteban (2nd team)  
 2010..... Deborah Maier (1st team)  
 2009..... Deborah Maier (1st team)  
 2003..... Bridget Duffy (2nd team)

### CONFERENCE ALL-ACADEMIC

2012..... Kathleen Uyttewaal (2nd team)  
 2011..... Deborah Maier (2nd team)  
 2010..... Deborah Maier (2nd team)  
 2002..... Abby Parker (1st team)  
 1998..... Elissa Riedy (1st team)  
 1996..... Julie Meyers (2nd team)  
 1995..... Tenaya Soderman (2nd team)  
 1994..... Julie Meyers (2nd team)  
 1993..... Tenaya Soderman (1st team)  
 1992..... Ginny Mommsen (2nd team)  
 1991..... Ginny Mommsen (2nd team)  
 1990..... Sabrina Han (1st team)